

Special Issue

Nutrition during the Lifespan: Underpinning Innovation?

Message from the Guest Editors

Across one's lifespan, intake of food and nutrients promotes and constrains development, maturation and ageing. Examining associations between patterns of food intake and/or specific macro and micro nutrients, and health outcomes presents challenges in research design, analysis and interpretation. Working towards and testing innovative strategies to improve health outcomes through nutritional mechanisms is a key developmental area with the potential to bring significant benefits to individuals and public health. This Special Issue of *Nutrients*, entitled "Nutrition during the Lifespan: Underpinning Innovation" welcomes well-designed studies examining underpinning evidence for nutritional innovation, development of innovation or testing of innovative nutritional strategies across the lifespan.

Guest Editors

Prof. Dr. Ngaire Kerse

Department of General Practice and Primary Health Care, University of Auckland, Auckland 1072, New Zealand

Dr. Ruth Teh

Department of General Practice and Primary Health Care, School of Population Health, University of Auckland, Auckland, New Zealand

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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