

Special Issue

Nutrition during the Lifespan: Underpinning Innovation?

Message from the Guest Editors

Across one's lifespan, intake of food and nutrients promotes and constrains development, maturation and ageing. Examining associations between patterns of food intake and/or specific macro and micro nutrients, and health outcomes presents challenges in research design, analysis and interpretation. Working towards and testing innovative strategies to improve health outcomes through nutritional mechanisms is a key developmental area with the potential to bring significant benefits to individuals and public health. This Special Issue of *Nutrients*, entitled "Nutrition during the Lifespan: Underpinning Innovation" welcomes well-designed studies examining underpinning evidence for nutritional innovation, development of innovation or testing of innovative nutritional strategies across the lifespan.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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