

Special Issue

Nutrition Interventions in Liver Cirrhosis and Liver Transplantation

Message from the Guest Editors

Malnutrition frequently presents in patients with chronic liver diseases and patients awaiting a liver transplant. The presence of malnutrition and/or body composition abnormalities in patients with chronic liver diseases is associated with prolonged hospitalization, adverse outcomes, and incremental healthcare costs. It also negatively impacts the quality of life and the ability to respond to stressors, such as infection and surgery. The etiology of malnutrition in chronic liver diseases is multifactorial, resulting from combined nutritional, metabolic and biochemical disturbances. The goals of this special section are to describe the impact of nutrition counselling and nutritional supplements on the outcomes of patients with liver diseases, indicate the nutritional interventions that might affect the severity and outcome of patients with chronic liver disease and liver transplant candidates, and examine the implications of interventions and the investigational opportunities that might improve its management. Contributions, either as an original manuscript or review article, from researchers across multiple disciplines are welcomed.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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