

Special Issue

Nutrition and Inflammatory Bowel Disease (IBD)

Message from the Guest Editor

Inflammatory bowel diseases are chronic debilitating illnesses of the gastrointestinal tract, for which there are no cures. Many patients use dietary therapies and interventions to manage the disease, yet there is relatively little information about best practices and outcomes of dietary interventions for IBD. This Issue seeks original research, narrative and systematic reviews, and meta-analyses that inform about the role of diet and nutritional interventions in the management of IBD patients. Outcomes studied in terms of IBD can be varied, such as the impact of diet on the microbiome, disease flares, responses to medications, etc. Studies pertaining to the role of dietary supplements, vitamins, or trace element deficiencies are also encouraged, along with manuscripts that investigate specific dietary interventions such as the specific carbohydrate diet. Elimination diets are of particular interest, as well as those investigating other dietary and IBD variables.

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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