

# Special Issue

## Nutrition and HIV/AIDS

### Message from the Guest Editor

A balanced diet and a good nutritional status represent fundamental aspects of the management of HIV-infected subjects. Overweight and malnutrition can exert a detrimental role on patients' immunity and general health; moreover evidence suggests that a good nutritional status is associated with higher quality of life in HIV-infected individuals. Nutritional needs are altered during HIV infection due to metabolism alterations and a lack of macro- and micronutrients is frequently observed in this population. Despite all this, few specific indications have been developed and the goal of a good nutritional status is often unmet in HIV-infected patients. Dr. Gabriella d'Ettorre

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## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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