

Special Issue

Nutrition, Frailty and Sarcopenia Prevention

Message from the Guest Editor

While there is considerable interest among scientists regarding the effect of nutrition on frailty and sarcopenia epidemiology, there is still scant information on various factors as well as among temporal and regional patterns. Information among low- and middle- income older populations is limited. Recent studies have shown that specific nutritional components and dietary habits could have a beneficial effect on frailty syndrome as well as on sarcopenia and muscle loss. Given the importance of this issue, the journal *Nutrients* is planning a Special Issue on “Nutrition, Frailty and Sarcopenia Prevention” with the aim of providing a source for accurate and up-to-date scientific information on this topic. We invite you and your co-workers to consider the submission of your original research findings or a review article on the topic. Manuscripts should focus on the impact of diet and nutrition to frailty and sarcopenia across older populations. We also welcome manuscripts that focus on community nutrition and intervention studies (i.e., protein diet, diet quality) that are related to frailty and sarcopenia.

Guest Editor

Dr. Stefanos Tyrovolas

1. Department of Nutrition and Food Studies, George Mason University, Fairfax, VA, USA
2. School of Nursing, The Hong Kong Polytechnic University, Kowloon GH506, Hong Kong

Deadline for manuscript submissions

closed (31 December 2021)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/76248

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)