

Special Issue

Nutrition Management and Dietary Treatment in Gastroenterology and Hepatology

Message from the Guest Editor

Abundant data show that nutrition, combined with pharmacological therapies, has a fundamental role in the prevention and treatment of gastrointestinal diseases such as GERD, gastric and duodenal ulcers, IBS, pancreatitis, IBD, and cancer. Nutrition and intestinal microbiota are closely linked; incorrect nutrition alters the microbiota can affect many intestinal diseases and worsen prognosis.

For NAFLD and NASH, the most promising current therapy is correct nutrition. Non-coding RNAs have been studied as biomarkers for NAFLD.

In liver cirrhosis of any etiology, proper nutrition plays a fundamental role. Particularly in patients with advanced liver disease, it is important to implement a correct diet that maintains adequate fat and lean mass. It is necessary that the patient with cirrhosis does not develop sarcopenia, a fearful complication, when present, determines an increase in morbidity and mortality. Thereby, providing adequate nutritional intake is essential to improving the prognosis of these patients. The aim of this Special Issue is to provide updated data on the relationship between nutrition and the gastroenterological and liver diseases indicated above.

Guest Editor

Prof. Dr. Gaetano Bertino

Department of Experimental and Clinical Medicine, University of Catania, 95123 Catania, Italy

Deadline for manuscript submissions

closed (30 December 2022)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/124780

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)