

Special Issue

Advances in the Nutrition of Diabetes and Gestational Diabetes

Message from the Guest Editors

Nutrition constitutes one of the cornerstones for the therapy of diabetes mellitus (DM). All types of DM require proper nutritional education, management, and audit. Nutritional status and dietary intake are established as contributors to type 2 diabetes mellitus (T2DM) and gestational diabetes mellitus (GDM). In addition, adherence to specific dietary regimes has been suggested to reverse DM, indicating that the role of nutrition extends beyond secondary prevention. The research on the effect of medical nutrition therapy on DM is longstanding and continuous, aiming to identify nutritional factors that could improve patient outcomes. This Special Issue of *Nutrients* is focusing on the association between nutrition and all types of DM. It is designed to discuss contemporary issues that are of keen interest to both nutritionists and diabetologists. Authors are invited to submit their work, including original research, reviews, meta-research, and opinion papers, showcasing important issues governing DM and nutrition.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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