

Special Issue

Nutrition, Metabolic Status, and Body Composition

Message from the Guest Editors

Obesity and metabolic dysfunction are major causes of severe chronic diseases, such as cardiovascular diseases and certain cancers. However, imaging studies suggest that body composition, i.e., muscle mass in relation to fat mass, visceral obesity, and ectopic fat accumulation (e.g., in the liver, pancreas, or kidney), are much more strongly predictive of metabolic diseases than obesity defined by anthropometric measures like the BMI. Thus, we will focus on new insights into the interplay between nutritional factors, obesity, body composition, and metabolic dysfunction in this Special Issue of *Nutrients*. Dr. Tilman Kuehn

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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