

## Special Issue

# Nutrition Support for Athletic Performance

### Message from the Guest Editors

Athletes and their support personnel are constantly seeking evidence-informed recommendations to enhance athletic performances during competition and to optimize training-induced adaptations. Accordingly, nutritional and supplementation strategies are commonplace when seeking to achieve these aims, with such practices being implemented before, during, or after competition and/or training in a periodized manner. Performance nutrition is becoming increasingly specialized and needs to consider the diversity of athletes and the nature of the competitions. *Nutrients*, therefore, welcomes the submission of manuscripts, either describing original research or reviewing scientific literature, on the topic of nutrition support for athletic performance, which highlight recent advances in the discipline.

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### Guest Editors

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### Deadline for manuscript submissions

closed (10 June 2019)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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