

Special Issue

Nutrition and Aging - Featured Perspectives on Health and Metabolism

Message from the Guest Editors

In this Special Issue, “Nutrition and Aging - Featured Perspectives on Health and Metabolism”, we will present the current research approaches in nutrition research, which aim to better understand both the pathophysiology of nutrition-related diseases, their consequences and therapies. There will be a particular focus on nutrition in older people, in interaction with health and health-related factors, as well as metabolism.

The association of lifestyle and nutrition with health or diseases, as well as dietary regimens in advanced age, role of micronutrients, influence of the nutritional status on therapeutic success, and relevance of teaching and counselling for a healthier society, are highly welcome topics for this issue. We will also accept narrative reviews and systematic/meta-analyses.

Guest Editors

Prof. Dr. Maria Cristina Polidori

Prof. Dr. Cornel Sieber

Dr. Anna Maria Meyer

Deadline for manuscript submissions

closed (25 November 2022)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.8
CiteScore 10.2
Indexed in PubMed



mdpi.com/si/119652

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.8
CiteScore 10.2
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)