

Special Issue

The Role of Nutrition in ADHD, Psychiatric, and Mental Disorders Treatment

Message from the Guest Editors

Attention-deficit/hyperactivity disorder (ADHD) is a neurodevelopmental chronic disorder which etiology seems the result of complex interactions multiple factors. In this context, studies addressing the efficacy of nutrition on the developmental course of ADHD observe that deficiencies in certain types of foods can worsen the symptoms of attention deficit, while adequate dietary plans could optimize brain functions. But the specific causal pathways of the dietary styles contributing to prevent/reduce ADHD symptoms are largely unknown, as well as the long-term effects.

This special issue, "The Role of Nutrition in ADHD Treatment", aims at obtaining evidence of the potential contribution of the nutrition style/s on the treatment of individuals with ADHD across development, and the underlying mechanisms explaining the effects, also contribute to the elaboration of guidelines recommendations for improving caring capacity of healthcare practitioners.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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