Special Issue

Food and Nutrient Intake, Diet Quality, Obesity and Cancer

Message from the Guest Editors

Variations in cancer risk and obesity status across populations can be attributed to both heritable factors, as well as modifiable factors, such as diet. Evidence based on observational and experimental studies suggest that diet, whether in food group form, as a single nutrient, or based on diet quality, helps to explain some of the differences observed in patterns of cancer risk and obesity status worldwide. However, if we are to move towards making dietary recommendations that will have a public health impact, we will need to strengthen our evidence base and continue to enhance our understanding on the role of diet (in all forms) on these health outcomes. In this Special Issue of *Nutrients*. entitled "Food and Nutrient Intake, Diet Quality, Obesity, and Cancer", we welcome manuscript submissions of original research in humans (epidemiological or experimental) or reviews of the scientific literature on this topic.

Guest Editors

Dr. Angela Kong

Department of Pharmacy Systems, Outcomes, and Policy, University of Illinois at Chicago, Chicago, IL, USA

Dr. Yumie Takata

College of Public Health and Human Sciences, Oregon State University, Corvallis, OR 97331, USA

Deadline for manuscript submissions

closed (31 January 2019)



Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed



mdpi.com/si/15311

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
- Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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