Special Issue

Dietary Strategies in Liver Disease Patients

Message from the Guest Editor

Chronic liver diseases are frequently associated with a high prevalence of nutritional disorders. Therefore, it is urgent to indicate correct nutritional strategies for patients with chronic liver diseases including those of viral etiology, steatosic liver disease (SLD), and metabolic dysfunction-associated liver disease (MASLD). Furthermore, it is equally important to give indications on correct nutrition in liver cirrhosis to avoid serious complications such as sarcopenia, which is related to a high morbidity and mortality in patients with liver cirrhosis. Finally, in Wilson's disease, it is also essential to adopt precise nutritional strategies alongside therapy. This Special Issue will collect highquality research concerning the influence of diet and nutrition on liver diseases. We invite investigators from various fields, including physicians and nutritionists, to contribute original research articles, systematic reviews and review articles that contribute towards this aim. In addition, manuscripts focusing on multi-disciplinary collaboration in nutritional support are also appreciated.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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