

## Special Issue

# Hypoglycemic Properties and Pathways of Natural Substances

### Message from the Guest Editors

Diabetes remains a critical global health issue, impacting millions of people around the world. While pharmaceutical interventions are crucial for managing diabetes, there is growing interest in complementary and alternative approaches, particularly nutritional interventions. Recent research has increasingly highlighted the potential of natural substances in managing blood glucose levels and providing complementary support in diabetes treatment. This Special Issue invites original research and review articles that investigate the hypoglycemic effects and mechanisms of the active ingredients from plants, microorganisms, or other natural sources. We welcome original contributions from multidisciplinary perspectives to advance the development of evidence-based complementary care in diabetes.

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### Guest Editors

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### Deadline for manuscript submissions

15 September 2025



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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