

Special Issue

The Role of B and D Vitamins in Degenerative Diseases

Message from the Guest Editor

This Special Issue of *Nutrients* will explore the critical role of B and D vitamins and their metabolism in preventing and managing degenerative diseases. Recent research continues to highlight the potential of these essential micronutrients in mitigating the progression of various age-related and neurodegenerative conditions. Key topics may include, but are not limited to, the vitamin B complex and cognitive function, vitamin D and neurodegenerative disorders, B vitamins in cardiovascular health, vitamin D and bone health, the synergistic effects of B and D vitamins, nutrigenomics and personalised nutrition, and B and D vitamins in cancer prevention and treatment. This Special Issue brings together current research and opinions from leading experts in the field, offering valuable insights into the preventive and therapeutic potential of B and D vitamins in the context of degenerative diseases and cancer. The findings presented will have significant implications for clinical practice and public health strategies aimed at healthy aging, disease prevention, and cancer management.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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