

Special Issue

Phytonutrients in Inflammation and Metabolic Health

Message from the Guest Editor

The aim of this Special Issue, “Phytonutrients in Inflammation and Metabolic Health”, is to focus on the importance of phytonutrients and other natural substances in diseases of civilization. Phytonutrients contain a wide range of nutrient substances that can be used to treat chronic and infectious diseases. The focus of this Special Issue is on both the extraction and isolation of plant extracts and the characterization of active substances of a natural origin. Specifically, the aim of this Special Issue is to clarify whether plant extracts and natural substances can influence free radicals and inflammatory mediators, as well as their interaction, favoring human health and preventing diseases. This new information will provide healthcare professionals with widespread, clear, and updated evidence on natural products in medical care.

Guest Editor

Prof. Dr. Przemysław Ł. Zalewski

Department of Pharmacognosy, Poznan University of Medical Sciences, Rokietnicka 3 Street, Poznan, Poland

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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