

Special Issue

Metabolic Changes in Response to Habitual Dietary Exposure and Physical Activity

Message from the Guest Editor

The journal of *Nutrients* invites you to submit manuscripts for a Special Edition on “Metabolic Changes in Response to Habitual Dietary Exposure and Physical Activity”. In view of the COVID-19 pandemic and potential dramatic effects on habitual diet and physical activity participation, we call for submissions which integrate the questions of altered physical activity and habitual diet selection and their effects on metabolism. With the overwhelming problems of obesity and sedentarism in mind, this Special Issue will focus on impacts of reduced physical activity and habitual malnutrition on metabolism but also invites articles improving metabolism by selected physical activity approaches in face of malnutrition. Articles are invited which report data from investigations, including observational and experimental studies, concerning the influence of habitual diet alterations and physical activity on all aspects of metabolism—from metabolomics and cell signaling to energy expenditure. We look forward to exciting submissions and thank all contributors for their support of this Special Issue.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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