

Special Issue

Marine Nutraceuticals and Human Health

Message from the Guest Editors

Seas represent a huge source of biodiversity that can sustainably provide natural compounds useful for human health. Many types of marine chemicals (polyphenols, carotenoids, polysaccharides, PUFAs, sterols, and others) with relevance for human wellbeing have already been discovered. This is particularly interesting when we consider the urgent need for alternative food sources, since future increases in the world population, particularly those over sixty, will need appropriate care for preventing and combating chronic diseases. In this context, although many marine natural products have been already characterized, many more are yet to be discovered, because the huge biodiversity of marine ecosystems is still largely unexplored. The present Special Issue aims at collecting contributions describing new functional compounds with possible effects on human health obtained from marine organisms. Further, contributions investigating the mechanisms of action or the pharmacokinetics of known marine molecules are welcome. Clinical studies on the beneficial effects of marine molecules in the prevention or treatment of diseases are also encouraged.

Guest Editors

Dr. Paola Nieri

Dr. Valerio Zupo

Dr. Maria Costantini

Deadline for manuscript submissions

closed (31 December 2022)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/101999

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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