

## Special Issue

# Dietary Intake and Behavior: The Impact of Health Promotion and Disease Prevention

### Message from the Guest Editors

Dietary nutrients intake influences nutritional and health statuses throughout the course of life. Adequate dietary nutrient intake ensures proper growth and development from infancy and early childhood to the teenage years, and improves adulthood and older adulthood health. In light of the importance of nutrition and health, this Special Issue will present a series of articles that address the role of dietary nutrient intake in undernutrition, overweight and obesity, hypertension, diabetes, hyperuricemia, metabolic syndrome, the immune system, etc. The main findings from these papers will provide solid evidence to policymakers on improving nutrition and health, as well on nutrition interventions among all age groups.

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### Deadline for manuscript submissions

closed (20 July 2025)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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