

Special Issue

Nutrients and Cancer: Unraveling Complex Connections

Message from the Guest Editor

Nutritional products represent an important source for developing drugs in cancer prevention and therapy. Diet and nutrition are very important factors in cancer risk. A healthy diet and lifestyle can prevent cancer and improve outcomes for cancer patients. But what factors can increase the development of cancer? Consuming red and processed meat, obesity, having a low fiber intake, and an imbalance of omega 3 and 6 fats are all contributors to a higher risk. An individual's nutritional status before, during, and after cancer treatment can affect their outcomes and treatment-related toxicities. This Special Issue, "Nutrients and Cancer: Unraveling Complex Connections" invites the submission of original articles, (systematic) reviews, and meta-analyses that investigate the intricate relationship between diet, nutrition, and cancer. In doing so, we hope to enhance our understanding of bioactive food components and their mechanisms of action in cancer prevention, and the appropriate intake levels and timing required to optimize physiological responses.

Guest Editor

Dr. Mariusz Chabowski

Department of Surgical Clinical Sciences, Faculty of Medicine, Wrocław University of Science and Technology, Wrocław, Poland

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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