

## Special Issue

# Nutrition in Endocrinology and Metabolic Diseases

### Message from the Guest Editors

This Special Issue will explore the critical role of nutrition in the regulation and management of endocrine and metabolic disorders. The aim for this Special Issue is to gather cutting-edge research and comprehensive reviews that address the interplay between nutrition and endocrine/metabolic health. Topics of interest include, but are not limited to, the impact of dietary patterns on hormone regulation, the role of micronutrients in metabolic pathways, nutritional interventions for managing diabetes and thyroid disorders, and the influence of diet on obesity and metabolic syndrome. This Special Issue will align with the journal's focus on advancing knowledge in the field of endocrinology and metabolic diseases, providing a comprehensive overview of current trends and future directions. Potential themes include the following:

- Nutritional modulation of endocrine function;
- Dietary strategies for metabolic disease management;
- Impacts of micronutrients on hormonal health;
- Nutrigenomics and personalized nutrition;
- Diet and metabolic syndrome.

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### Guest Editors

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### Deadline for manuscript submissions

closed (25 April 2025)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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