

Special Issue

Diet, Health, and Society: Advances in Nutritional Epidemiology for Public Health

Message from the Guest Editor

Understanding how diet influences population health lies at the center of modern public health. This Special Issue welcomes original research, systematic reviews, and methodological papers that deepen our collective understanding of dietary patterns, nutritional determinants of chronic disease, and the societal factors that shape nutrition and health. We particularly encourage submissions that clarify which research tools and methods enhance the public health relevance of nutritional research and that expand knowledge on the mechanisms through which diet contributes to improved health outcomes. Studies employing innovative tools such as metabolomics, machine learning, and geospatial or longitudinal designs are particularly encouraged. Studies addressing methodological challenges, including measurement error, causal inference, and the integration of complex data, are also welcome. By gathering research that links methodological innovation with public health application, this Special Issue will highlight approaches and evidence that can guide policy, reduce health inequalities, and promote sustainable and health-supportive diets for populations worldwide.

Guest Editor

Dr. Vered Kaufman-Shriqui
The Department of Nutrition, Ariel University, Ariel, Israel

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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