

# Special Issue

## Diet, Nutrition and Lung Health

### Message from the Guest Editor

The lungs have a very complex structure, and can be treated via surgery or radiation. The primary treatment employed is steroids, but the use of steroids can suppress the immune system and cause pneumonia. Interstitial pneumonia is a general term for diseases in which inflammation occurs in the interstitium of the lungs. Interstitial pneumonia reduces alveolar function, making it difficult to take in oxygen via inhalation, leading to respiratory symptoms such as a shortness of breath and coughing; in severe cases, this can ultimately lead to respiratory failure. At present, no effective treatment has been established; therefore, conservative therapy, primarily represented by symptomatic treatment, is the main treatment. Therefore, we would like to propose the application of nutritional therapy in a new treatment for the lungs. According to a WHO announcement, COPD is said to be the third leading cause of death in the world. Therefore, a nutritional approach to lung treatment is urgently needed. In this Special Issue, we would like to consider the application of nutritional therapy in lung diseases.

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### Guest Editor

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## Nutrients

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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