

## Special Issue

# Dietary and Lifestyle-Related Behaviours in Community-Dwelling Older Adults

### Message from the Guest Editor

This Special Issue focuses on the role of dietary- and lifestyle-related behaviours in community-dwelling older adults. We are interested in this group as they are facing critical life events, such as transitioning to retirement, meaning that they form a promising starting point for behavioural intervention. Moreover, the neighbourhood and the community are the most important settings for the group, shaping their behaviours and routines. Since all health-related behaviours are complex and multifactorial, determinants at all ecological levels contribute to the investigated behaviours at the intrapersonal, interpersonal, environmental, and societal levels. Possible contributions include studies of the distribution and determinants of dietary and lifestyle-related behaviours, its impact on indicators of health and disease, and interventions targeting these behaviours. The Special Issue is expected to paint a rich picture of the situation of community-dwelling older adults and their dietary- and lifestyle-related behaviours.

### Guest Editor

Dr. Karin Bammann

Working Group Epidemiology of Demographic Change, Institute of Public Health and Nursing Research, University of Bremen, 28359 Bremen, Germany

### Deadline for manuscript submissions

closed (31 October 2022)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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