

## Special Issue

# Dietary and Lifestyle-Related Behaviours in Community-Dwelling Older Adults

### Message from the Guest Editor

This Special Issue focuses on the role of dietary- and lifestyle-related behaviours in community-dwelling older adults. We are interested in this group as they are facing critical life events, such as transitioning to retirement, meaning that they form a promising starting point for behavioural intervention. Moreover, the neighbourhood and the community are the most important settings for the group, shaping their behaviours and routines. Since all health-related behaviours are complex and multifactorial, determinants at all ecological levels contribute to the investigated behaviours at the intrapersonal, interpersonal, environmental, and societal levels. Possible contributions include studies of the distribution and determinants of dietary and lifestyle-related behaviours, its impact on indicators of health and disease, and interventions targeting these behaviours. The Special Issue is expected to paint a rich picture of the situation of community-dwelling older adults and their dietary- and lifestyle-related behaviours.

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### Guest Editor

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### Deadline for manuscript submissions

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## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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