# **Special Issue**

# Dietary Supplements in Gastrointestinal Disorders

## Message from the Guest Editors

The use of dietary supplements in the treatment of gastrointestinal (GI) disorders is widespread and wellestablished. In many cases, patients may self-treat mildto-moderate GI disorders with a supplement either in a traditional manner or as an over-the-counter commercial supplement. While such use may benefit patients, it is often without a formal diagnosis or evaluation of the underlying GI disorder by a healthcare provider, potentially disguising underlying serious pathologies and leading to drug interactions with prescribed or over-the-counter medicines. The wide range of traditional medicines as well as commercial supplements available to consumers and patients often have very limited research associated with their indicated uses and benefits, or regarding potential limitations and drug interactions. Given the high use rate of such supplements for GI disorders, we are seeking contributions to further our understanding of supplement use for either specific GI disorders or scientific summaries of supplements used for various GI disorders. We are soliciting original papers, review articles.

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#### Deadline for manuscript submissions

closed (5 December 2023)



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## Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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