

Special Issue

Sustainable Eating, Public Health, and Implications for Programs and Policies

Message from the Guest Editors

In this Special Issue, we welcome new research, reviews, or theoretical contributions that examine environmentally sustainable (or unsustainable) food consumption and how this intersects with individual and/or public health. Studies may draw from a range of methods, including qualitative or mixed methods research, computational modeling, ethnography, community-engaged research, and theoretical development. Contributions might include, among other topics, studies that examine the beliefs, behaviors, or broader contextual factors relevant to the consumption of (un)sustainable foods; interventions to increase sustainable food intake; and/or studies that examine links between (un)sustainable food intake and health outcomes, such as diet-relevant biomarkers, dietary behaviors, diet-related disease, or food access (e.g., food or nutrition security). We intend to include research that considers different levels and domains of influence on food choice, diet, and related health disparities, ranging from the individual to interpersonal, community, and societal factors.

Guest Editors

Dr. Kayla de la Haye

Food Systems Institute, Center for Economic and Social Research,
Dornsife College of Letters, Arts and Sciences, University of Southern
California, Los Angeles, CA, USA

Dr. Gülbanu Kaptan

Business School, University of Leeds, Leeds, UK

Dr. Katherine Baker

Sol Price School of Public Policy, University of Southern California, Los
Angeles, CA, USA

Deadline for manuscript submissions

20 January 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/247154

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)