Special Issue

The Role of Diet and Physical Activity in Pediatric Health Disparities

Message from the Guest Editor

Children living in various populations around the world face health disparities. Health disparities are inequitable by nature, with historical and continuing unequal as well as discriminatory practices of social, political, economic, and environmental resource distribution and utilization. The prevention, management, and treatment of children's health disparities would greatly reduce the overall burden of morbidity and mortality in affected populations around the globe. Disparities in dietary intake and physical activity are prevalent all over the world and may contribute to health disparities related to obesity, diabetes, cardiovascular disease, cognitive health, and the overall well-being of children. This Special Issue focuses on the impact of both diet and physical activity on children's health outcomes, with an emphasis on pediatric health disparities. We also welcome papers exploring specific approaches (nutrition interventions, nutrition policies, exercise strategies, etc.) to lessen health disparities among children.

Guest Editor

Dr. Diane Gilbert-Diamond

- 1. Department of Epidemiology, Geisel School of Medicine, Dartmouth College, Hanover, NH 03755, USA
- 2. Department of Medicine, Geisel School of Medicine, Dartmouth College, Hanover, NH 03755, USA
- 3. Department of Pediatrics, Geisel School of Medicine, Dartmouth College, Hanover, NH 03755, USA

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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