

Special Issue

Determinants of Human Weight: Studying the Role of Nutrition and Physical Activity Without Undue Commercial Biases

Message from the Guest Editor

The obesity pandemic remains one of the most important public health issues in this century. Although controversies about the main drivers of the obesity pandemic may reflect genuine scientific uncertainty, today it is well established that previous opposite views about risk factors of obesity were shaped by undisclosed conflicts of interest. Today there is strong experimental evidence in humans that unhealthy diets are the main driver of rapid body weight changes, and therefore, too much emphasis on physical activity as the most influential obesogenic factor is biased by commercial reasons supported by the ultra-processed food and beverage industry. Nonetheless, commercial actors are still generating doubts about the causes of obesity among the public and the scientific community to maintain their profitable industries. In this Special Issue, we call for original or review articles where authors may provide evidence (in their thematic analyses) of current commercial influences on nutritional research that are biasing the scientific literature on the causes of obesity.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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