

Special Issue

The Importance of Nutrition in Fertility and Pregnancy

Message from the Guest Editor

Nutrition is fundamental to life, being especially critical from the early life, during pregnancy, and even far into the perinatal period. Nutrients, such as folic acid and other derivatives, inositol, as well as other vitamins, are traditionally used as a supplement for improving fertility and for the prevention of embryonal neural tube defects. However, the health benefits of nutrients is far beyond these; as we have paid more attention to the offspring during this crucial period, the impact on women's health is still less studied. We are pleased to invite you to submit your research to this Special Issue entitled "The Importance of Nutrition in Fertility and Pregnancy". This Issue is going to cover a broad range of topics related to reproductive health. Besides descriptions of nutrition, reproductive health outcomes, and mechanisms, intervention strategies are also welcome. The overall goal of this Special Issue is to provide comprehensive, widespread, and updated evidence on recommendations for essential vitamins and diet models focused on improving reproductive health for both generations, including offspring and mothers.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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