

Special Issue

Associations Between Eating Patterns and Risk of Metabolic Dysfunction-Associated Steatotic Liver Disease

Message from the Guest Editor

This Special Issue will highlight studies examining the link between eating patterns and the risk of metabolic dysfunction-associated steatotic liver disease (MASLD), the most common chronic liver disease worldwide. Alongside obesity and type 2 diabetes, the prevalence of MASLD has increased considerably over recent decades, driven by a complex combination of intrinsic and extrinsic factors, including diet- and nutrition-related risk factors. For this Special Issue, we invite the submission of original research articles how various aspects of diet, nutrition, and eating patterns—including the composition, timing, and frequencies of meals, as well as relative adherence to specific dietary patterns—may affect the onset and progression of MASLD. A better understanding of the role of modifiable, dietary risk factors in the pathogenesis of MASLD could help to guide more effective disease prevention strategies and inform dietary interventions for those at risk of, or living with, MASLD.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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