

Special Issue

High-Fat Diet in High-Risk Population

Message from the Guest Editor

A high-fat diet and less physical activity result in a higher energy intake and lower energy expenditure. High-fat diets, which are frequent related to obesity, are associated with many health problems, including cognition, cardiovascular and metabolic issues, non-alcoholic fatty liver disease and even cancer. However, which populations are most susceptible to the effects of a high-fat diet remain unknown. In addition, there are many unknown factors that can interact with a high-fat diet. Furthermore, the effects of high-fat diets can be inherited by offspring. This Special Issue welcomes original research and review articles with clinical, experimental and epidemiological content concerning factors interacting with a high-fat diet and populations at risk for a high-fat diet.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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