

Special Issue

Nutrition and Lifestyle in Cancer Care, Prevention and Survivorship

Message from the Guest Editors

Cancer remains a major global public health challenge. Extensive epidemiologic evidence links healthy diets, physical activity, body weight control and avoidance of harmful exposures (e.g., excessive alcohol) to lower cancer incidence and better survival, highlighting the key role of nutrition and lifestyle across the cancer continuum. Traditional research focuses on primary prevention, but emerging data show nutritional status and lifestyle interventions affect treatment tolerance, quality of life, recurrence risk, comorbidity burden and survivorship. This Special Issue adopts a systematic epidemiology approach to generate rigorous, actionable evidence. We welcome high-quality prospective cohorts, intervention trials, pooled multi-cohort analyses, systematic reviews and meta-analyses. We particularly encourage studies using advanced exposure assessment, biomarker integration, causal inference, mediation analysis and those addressing population and cancer type heterogeneity.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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