

## Special Issue

# The Importance of Diet and Nutrition in Pediatric Gastrointestinal Health

### Message from the Guest Editor

An adequate diet can substantially alleviate the symptoms associated with various disorders of the gastro-intestinal tract in children, including food allergies, celiac disease or gastritis. The exclusion of certain dietary factors in the case of proven or suspected intolerances can even hinder disease progression and could promote the recovery of enterocyte function in post-enteritic syndrome or celiac disease. In other cases, dietary formulations can represent a therapeutic means of inducing disease remission. Exclusive enteral nutrition is an example of this, as it can induce the remission of mild/moderate flares of Crohn's disease.

In this Special Issue, we aim to publish original articles and reviews that focus on the role of nutrition in the prevention and treatment of gastrointestinal diseases in children, the impact of particular nutrient deficiencies on children's health, as well as dietary-related changes in the gut microbiome.

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### Deadline for manuscript submissions

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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