

Special Issue

Diet, Nutritional Intervention and Quality of Life in Food-Induced Disease

Message from the Guest Editor

Food-induced diseases—including food allergies, intolerances, celiac disease, and other immune-mediated or metabolic conditions—are increasingly recognized as major public health concerns with profound impacts on individual well-being and healthcare systems worldwide. Diet plays a central role in both the pathogenesis and management of these disorders, with nutritional interventions often serving as the primary therapy. However, while dietary restrictions can be life-saving or symptom-relieving, they may also carry unintended consequences, including nutritional deficiencies, diminished quality of life, and psychosocial and economic burdens. We invite original research and reviews that examine the complex interplay between dietary management, nutritional adequacy, and quality of life in individuals affected by food-induced diseases. By bringing together multidisciplinary perspectives from nutrition science, gastroenterology, immunology, psychology, and public health, this Special Issue seeks to advance evidence-based, patient-centered approaches to managing food-induced conditions, ultimately aiming to improve both clinical outcomes and lived experiences.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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