

Special Issue

Dietary Iron, Iron Deficiency and Human Health

Message from the Guest Editor

Iron deficiency continues to be the most prevalent nutrient deficiency worldwide. It can result from excessive losses and various disease processes, but many cases are due to low total dietary iron intakes and/or poor absorption of iron from the gastrointestinal tract due to low bioavailability resulting from the form of iron (haem and/or non-haem) and the interaction with other food components (enhancers and/or inhibitors of iron absorption). Whatever the cause of iron deficiency, the impacts on health and wellbeing are significant and far reaching.

This special issue will publish manuscripts that examine dietary iron intake and its relationship with iron status, as well as papers addressing the implications of poor iron status on human health.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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