

Special Issue

Application of Immunonutrient in Human Health and Disease

Message from the Guest Editor

The study of Immunonutrition, which focuses on the interactions between nutrition and immunity, has significantly intensified during the last decades. This is a relevant field that has raised the interest of many health professionals. Indeed, there is a relevant number of papers showing different effects of diverse nutrients and bioactive compounds on immunological biomarkers.

This Special Issue deals with several examples of nutrients and food ingredients that have shown benefits for human health. Nowadays, there is a big concern about non-communicable diseases, mainly in industrialized countries. Thus, it is necessary to promote research, innovation, and development in this area, acquiring more knowledge to improve human health.

Guest Editor

Prof. Dr. Ascensión Marcos

Immunonutrition Group, Department of Metabolism and Nutrition, Institute of Food Science, Technology and Nutrition (ICTAN), Spanish National Research Council (CSIC), C/José Antonio Novais, 28040 Madrid, Spain

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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