

Special Issue

Dietary Micronutrient Intake and Health

Message from the Guest Editor

We are excited to announce a Special Issue of *Nutrients* pertaining to “Dietary Micronutrient Intake and Health”. Micronutrients are vitamins and minerals that are essential to the body in very small amounts and that can only be obtained from the diet, with the exception of vitamin D. They perform essential functions for the growth and development of human bodies, including enabling the production of enzymes, hormones, and other critical substances. Due to agricultural, social, cultural, and economic activities, changes and novel knowledge concerning their role in health emerge, causing dietary patterns and intake to adjust over time. We expect this Special Issue to include studies on novel discoveries surrounding micronutrients as dietary intervention in improving human health, including, but not limited to, weight loss, diabetes, cardiovascular, and other diseases, and the possible consequences to health as a result of a low dietary intake. We also welcome studies examining the status, trends, and patterns of dietary micronutrients and their food sources.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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