

Special Issue

Updates in the Nutrition Therapy and Therapeutic Approach of Celiac Disease

Message from the Guest Editors

Celiac disease (CD) is an immune-mediated systemic disorder of the gastrointestinal tract triggered by exposure to dietary gluten and similar alcohol-soluble proteins (prolamins) in genetically susceptible individuals. Gluten-free diet (GFD) is the cornerstone therapy of CD. Although GFD has proven to be safe and effective in most celiac patients, there are limitations that justify the need to implement further therapeutic strategies. Alternative therapeutic approaches have been proposed to decrease immunogenicity and to prevent the absorption of gluten-containing grains, together with strategies to limit T-cell migration or restore mucosal homeostasis. We hope that researchers from various specialties (pediatrics, gastroenterology, allergology, immunology, etc.) will find in this Special Issue the appropriate framework to disseminate their results and knowledge and a resource for further research. As of the Special Issue, we invite you to submit both original research papers and review articles related to this topic.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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