

Special Issue

Updates in the Nutrition Therapy and Therapeutic Approach of Celiac Disease

Message from the Guest Editors

Celiac disease (CD) is an immune-mediated systemic disorder of the gastrointestinal tract triggered by exposure to dietary gluten and similar alcohol-soluble proteins (prolamins) in genetically susceptible individuals. Gluten-free diet (GFD) is the cornerstone therapy of CD. Although GFD has proven to be safe and effective in most celiac patients, there are limitations that justify the need to implement further therapeutic strategies. Alternative therapeutic approaches have been proposed to decrease immunogenicity and to prevent the absorption of gluten-containing grains, together with strategies to limit T-cell migration or restore mucosal homeostasis. We hope that researchers from various specialties (pediatrics, gastroenterology, allergology, immunology, etc.) will find in this Special Issue the appropriate framework to disseminate their results and knowledge and a resource for further research. As of the Special Issue, we invite you to submit both original research papers and review articles related to this topic.

Guest Editors

Dr. Gabriela Stefanescu

1. Faculty of Medicine, "Grigore T. Popa" University of Medicine and Pharmacy, 700115 Iasi, Romania
2. Institute of Gastroenterology and Hepatology, "Sf. Spiridon" County Clinical Emergency Hospital, 700111 Iasi, Romania

Prof. Dr. Bogdan-Mircea Mihai

Department of Diabetes, Nutrition and Metabolic Diseases, "Grigore T. Popa" University of Medicine and Pharmacy, 700115 Iasi, Romania

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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