

## Special Issue

# Vitamins, Minerals, and Cardiometabolic Health

### Message from the Guest Editor

Population ageing is related to the increasing cardiometabolic disease burden worldwide, including diabetes, hypertension, obesity, dyslipidemia, cardiovascular disease, and metabolic syndrome. Vitamins and minerals are nutrients that our bodies use in very small amounts for a variety of metabolic processes, and they are the key determinants of cardiometabolic health. The objective of this Special Issue on 'Vitamins, Minerals, and Cardiometabolic Health' is to publish updated research evidence that examined the roles of vitamins and minerals in improving various cardiometabolic health, both in the general population or in at-risk individuals. This Special Issue welcomes multiple types of human studies, namely observational studies, intervention studies, systematic reviews, and meta-analysis.

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### Guest Editor

Dr. Kenneth Ka-Hei Lo

Department of Food Science and Nutrition, Hong Kong Polytechnic University, Kowloon, Hong Kong

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### Deadline for manuscript submissions

closed (15 December 2025)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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