

Special Issue

Vitamins, Minerals, and Cardiometabolic Health

Message from the Guest Editor

Population ageing is related to the increasing cardiometabolic disease burden worldwide, including diabetes, hypertension, obesity, dyslipidemia, cardiovascular disease, and metabolic syndrome. Vitamins and minerals are nutrients that our bodies use in very small amounts for a variety of metabolic processes, and they are the key determinants of cardiometabolic health. The objective of this Special Issue on 'Vitamins, Minerals, and Cardiometabolic Health' is to publish updated research evidence that examined the roles of vitamins and minerals in improving various cardiometabolic health, both in the general population or in at-risk individuals. This Special Issue welcomes multiple types of human studies, namely observational studies, intervention studies, systematic reviews, and meta-analysis.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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