

Special Issue

Longevity Vitamins and Proteins: The Recipe for Healthy Aging?

Message from the Guest Editors

This Special Issue aims to advance the science of healthy aging, with a focus on micronutrients, dietary supplements, and the interventions used to modify their impacts, which have also been identified and require further investigation.

Manuscripts in different areas of nutritional science will be considered, but particularly manuscripts that address the following areas: nutrition; diet; nutritional treatment; dietary supplements, nutraceuticals; and weight status in relation to chronic disease prevention and progression for all ages and contexts, as well as for symptom management.

Finally, we welcome the submission of manuscripts that describe original research or systematic reviews related to nutrient science issues in healthy aging.

Guest Editors

Prof. Dr. Rodolfo de Paula Vieira

1. Department of Human Movement and Rehabilitation (PPGMHR) and Pharmaceutical Sciences, Pharmacology and Therapeutics (PPGCFFT), Graduate Program at the Evangelical University of Goiás (UniEVANGÉLICA), Anápolis 75083-515, GO, Brazil
2. Department of Sciences of Human Movement and Rehabilitation (PPGCMHR), Graduate Program at the Federal University of São Paulo (UNIFESP), Santos 11015-020, SP, Brazil.

Prof. Dr. Carlos Rocha Oliveira

1. Post-graduation Program in Biomedical Engineering, Federal University of São Paulo (UNIFESP), São José dos Campos 04021-001, SP, Brazil
2. Group of Phytocomplexes and Cell Signaling, Anhembi Morumbi University (UAM), São José dos Campos 04546-001, SP, Brazil

Deadline for manuscript submissions

closed (20 May 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/143752

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)