

## Special Issue

# Improving Athletic Performance with Dietary Supplements: Fuel Substrate Availability and Neurologic Function

### Message from the Guest Editor

This issue will focus on current investigations examining how various dietary supplements impact athletic performance. To date, the bulk of the research in this area has focused on strategies to improve the availability of fuel sources during athletic performance. This issue will reexamine the value of dietary supplementation in improving fuel substrate availability during athletic performance and consider other physiologic mechanisms that dietary supplements can positively influence athletic performance. For example, some nutrients may improve athletic performance using sensory processes and others may facilitate a positive response by facilitating neurological function. A sound scientific understanding of how dietary supplementation influences athletic performance is essential when establishing policies designed to ensure participant safety and equity during competition.

### Guest Editor

Prof. Dr. Stephen P. Bailey

Department of Physical Therapy Education, Elon University, Elon, NC 27244, USA

### Deadline for manuscript submissions

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## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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