

# Special Issue

## Hot Topics in Clinical Nutrition

### Message from the Guest Editors

As you may note, in the last decades, Clinical Nutrition has spread in our scientific interests, spanning from basic to clinical disciplines and transforming our knowledge and medical approach. Its contribution is a real breakthrough into medical sciences and this Special Issue has been arranged to collect the most valuable contributes on the main topics of this area. One of the most important is the role of nutrients on the modulation of gut microbiota and related health issues, with particular interests in metabolic, inflammatory, and neoplastic diseases. The impact of novel foods, additive, processed foods on human health is also an argument of interest. Moreover, articles debating the role of nutritional support in disease-related malnutrition (due to cancer, or acute and chronic inflammation) and perioperative nutrition (including immunonutrition and ERAS programs) are welcomed, as well as manuscripts about the role of hospital food-wasting and strategies to deal with it. Original studies, as well as meta-analysis/systematic review or well-prepared narrative ones, are welcomed.

### Guest Editors

Prof. Dr. Antonio Gasbarrini

1. Department of Translational Medicine and Surgery, School of Medicine, Catholic University, 00168 Rome, Italy
2. Center for Diagnosis and Treatment of Digestive Diseases, CEMAD, Gastroenterology Department, Fondazione Policlinico Gemelli, IRCCS, 00168 Rome, Italy

Dr. Emanuele Rinninella

1. Research and Training Center in Human Nutrition, Catholic University of Sacred Heart, 00168 Rome, Italy
2. Clinical Nutrition Unit, Fondazione Policlinico Universitario A. Gemelli, IRCCS, 00168 Rome, Italy

### Deadline for manuscript submissions

closed (15 March 2023)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.8  
CiteScore 10.2  
Indexed in PubMed



[mdpi.com/si/105441](https://mdpi.com/si/105441)

*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.8  
CiteScore 10.2  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)