

Special Issue

High Fat Diet and Hepatic Steatosis

Message from the Guest Editor

Nonalcoholic Fatty Liver Disease (NAFLD) is a common hepatic disorder affecting approximately one quarter of the world's population caused by an excessive accumulation of lipids in hepatocytes, and representing a rapidly growing healthcare problem. NAFLD is categorized histologically into non-alcoholic fatty liver (NAFL) and non-alcoholic steatohepatitis (NASH). In the last two decades, NAFLD has become the leading cause of liver disease on a global scale becoming the main determinant of liver-related mortality. The increase in the incidence of NASH over the past 10–15 years, coupled with the absence of approved drugs for the treatment of NASH, has made this disease an attractive field of research in fact several candidate drugs have been advanced to Phase II and III.

Guest Editor

Dr. Michele Biagioli

Department of Medicine and Surgery, University of Perugia, Perugia, Italy

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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