

## Special Issue

# High Carbohydrate Diets and Diabetes in Human Health

### Message from the Guest Editor

This Special Issue of *Nutrients* is devoted to the way in which patterns (quantities, types, and their distribution) of carbohydrate intake affect the development and management of diabetes and/or glycemia. How the daily or within-meal distribution of carbohydrates, and the type of carbohydrates involved, have an impact on glycemia and insulin demand, and/or their metabolic/health consequences are relevant topics. The metabolic regulatory factors that mediate responses to various patterns of carbohydrate loading would be appropriate, as would the effect of timing and placement of nutrients or foods within a meal or post-prandial glycemic response.

### Guest Editor

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### Deadline for manuscript submissions

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## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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