

## Special Issue

# Health Promotion among Overweight and Obesity Women

### Message from the Guest Editor

Overweight or obese women are at high risk for numerous chronic conditions related to obesity. Evidence is clear that diet plays a significant role in weight management and preventing or delaying chronic conditions. Women at different life stages may need different intervention emphasis. Yet, effective strategies to help overweight or obese women to adhere to healthy eating and/or sustain healthy eating patterns remain unclear. Also, lessons learned and strategies used to facilitate the sustainment of evidence-based dietary intervention by community settings are limited. Moreover, mechanism of healthy eating needs to be explored. This special issue invites manuscripts addressing one of these areas or relevant areas.

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### Deadline for manuscript submissions

closed (31 May 2023)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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