

Special Issue

Dietary Recommendations for Clinical Patients After Diagnosis

Message from the Guest Editor

Dear Colleagues, Clinical nutrition is a very complex discipline, but from this complexity emerges a very simple summary, i.e., recommendations of what to eat in a specific clinical context. This new Special Issue of *Nutrients* called "Dietary Recommendations for Clinical Patients After Diagnosis" aims to answer a very simple question: "After making a specific diagnosis, what can I recommend to my patient to eat?". Often, answering this type of question requires complex knowledge, and this Special Issue of *Nutrients* would like to help confront this complexity. We welcome both original articles and reviews related to clinical nutrition, malnutrition, renal failure, food allergies, irritable bowel syndrome, artificial nutrition (parenteral nutrition, integration of commercial and natural foods), cardiovascular and other diseases, all other types of nutrition, and dietary recommendations for patients.

Guest Editor

Dr. Carlo Pedrolli
Dietology Unit, S. Chiara General Hospital, APSS, Trento, Italy

Deadline for manuscript submissions

closed (15 April 2026)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/226417

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)