

Special Issue

Natural Products for Gastrointestinal Diseases

Message from the Guest Editors

Natural products are used to develop new medications as well as dietary supplements. Despite substantial advances in the treatment of disorders, various gastrointestinal diseases remain insufficiently treated with current medications, such as irritable bowel syndrome (IBS), inflammatory bowel diseases (IBDs), and gastrointestinal cancers. Often, patients require a multi-modal approach to alleviating symptoms and reducing the progression of the disease. Natural products, whether new treatment modalities or supplements, can be curative and provide symptomatic relief. This Special Issue focuses on original research, systematic reviews with meta-analysis, and narrative reviews regarding the use of natural products for gastrointestinal diseases/disorders. We encourage the submission of original research that addresses mechanistic and symptomatic principles to improve quality of life and reduce disease burden and severity. In addition, narrative and systematic reviews that reflect on novel developments, and in particular clinical studies, are of great interest. We look forward to hearing from you and remain available to answer any questions.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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