Special Issue

Nutrition Intervention in Liver Health and Disease—2nd Edition

Message from the Guest Editor

Diet and nutrition are key regulators of liver function. The liver is not only a major organ for nutrient metabolism, but it also senses the nutrient status of the body and responds accordingly. An unbalanced diet, heavy alcohol consumption, and drug use are major risk factors for liver damage. Proper interventions are required to protect liver function or reverse damaged liver function. Considering the success of the previous Special Issue, entitled "Nutrition Intervention in Liver Health and Disease", we are pleased to announce a second Special Issue on this topic. This Special Issue will collect high-quality research concerning the influence of diet and nutrition on liver diseases and disorders. Submissions focused on liver diseases of various etiologies are welcome in the form of reports of original research (longitudinal studies, health promotion intervention studies, epidemiological studies, animal studies, molecular or cellular studies, omics, microbiota, etc.) or reviews (systematic reviews, meta-analyses, etc.).

Guest Editor

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Deadline for manuscript submissions

closed (15 May 2025)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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