

Special Issue

Nutrition, Physical Activity and Chronic Disease—3rd Edition

Message from the Guest Editor

Non-communicable conditions, including cardiovascular diseases, diabetes, obesity, cancers and respiratory diseases, contribute significantly to the total reported deaths and the burden of disease, exerting a significant impact on quality of life. Physical inactivity and unhealthy eating can contribute to these conditions, whereas good nutrition and physical activity can be used in the prevention and treatment of disease and the modification of risk factors. Furthermore, a large portion of adults with chronic diseases are likely to be employed, and thus chronic disease risk factors and conditions are becoming more prevalent within the workforce.

Considering the success of the previous two Special Issues, we are pleased to announce that we are launching a third Special Issue. We welcome research that investigates nutrition and physical activity in relation to the prevention and treatment of chronic diseases. We particularly welcome research on the impact of working with chronic disease and interventions in the workplace. We welcome original research articles and literature reviews on this important topic.

Guest Editor

Dr. Rebecca V. Vince

Department of Sport, Health and Exercise Science, Faculty of Health Sciences, University of Hull, Hull HU6 7 RX, UK

Deadline for manuscript submissions

15 March 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/237303

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)