

Special Issue

Boost Brain Power with the Right Nutrition: Focus on Early Life

Message from the Guest Editor

This Special Issue focuses on exploring the effects of different nutrients supplemented in early life on the growth, maturation, and functional development of the human central nervous system, especially the brain. It explores the effects of the different nutrients that are most suitable for brain potential development in terms of supplementation timing, dosage, and duration in early life, as well as their effects on the functional realization of different brain regions. Thus, we will evaluate the impacts of different dietary patterns and nutritional environments on brain development in populations of different ethnicities and genders and identify nutritional factors that are more suitable for human cognitive development.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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