

## Special Issue

# Boost Brain Power with the Right Nutrition: Focus on Early Life

### Message from the Guest Editor

This Special Issue focuses on exploring the effects of different nutrients supplemented in early life on the growth, maturation, and functional development of the human central nervous system, especially the brain. It explores the effects of the different nutrients that are most suitable for brain potential development in terms of supplementation timing, dosage, and duration in early life, as well as their effects on the functional realization of different brain regions. Thus, we will evaluate the impacts of different dietary patterns and nutritional environments on brain development in populations of different ethnicities and genders and identify nutritional factors that are more suitable for human cognitive development.

### Guest Editor

Prof. Dr. Yajun Xu

Department of Nutrition and Food Hygiene, School of Public Health, Peking University, Beijing 100191, China

### Deadline for manuscript submissions

closed (25 March 2025)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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